



WOODSTOCK DOLPHINS PLEDGE **SWIMMER AND FAMILY CODE OF CONDUCT**

As a member of the Woodstock Dolphins Swim Team I will....

1. Uphold the Dolphins Core Values of equality, integrity, and mutual respect.
2. Always display proper respect and sportsmanship toward coaches, officials, meet administrators and fellow competitors.
3. Listen, follow directions, and always practice/compete to the best of my abilities.
4. Be responsible for my own belongings and equipment.
5. Respect the facility. This includes, but is not limited to, appropriate locker room and on deck behavior, keeping belongings tidy, leaving locker rooms, pool area, and viewing area clean, etc.
6. Always remember when I am competing in or attending meets and team related functions, I am representing both myself and the Woodstock Dolphins Swim Team. My behavior must positively reflect the high standards of our team.
7. I will represent the Dolphins by wearing the team suit and cap.
8. Respect our pool, facility, and all other facilities we visit. I will keep my belongings neat and pick up after myself. I will comply with rules and requests of away facilities
9. Always have appropriate conversation and use appropriate language.
10. Adhere to team policies including the team's electronic communication policy, bullying policy, and traveling policies found on the team website.
11. Possession or use of alcohol, tobacco or illegal drugs is prohibited.

Implementation

Your signature on the document constitutes an agreement to comply with the Woodstock Dolphins Pledge. Failure to comply with the WDST Pledge may result in disciplinary action or dismissal from the team.

Such Discipline may include, but is not limited to:

1. First Violation=Warning from staff and/or temporary removal from activity.
2. Second Violation-Removal from activity, behavior discussion with parents.
3. Third Violation-Suspension from practices and/or competitions.
4. Fourth Violation-Possible Dismissal from the Team at the discretion of the Head Coach/Board of Directors.

Swimmer's Signature

Date

Parent's Signature

Date